

Arm Measurement Form

Position of Patient: Sitting ☐ Variations _____
 Abd. 90 ☐ Variations _____

Name/Label

Board levels:	R / L	Tip of 3 rd finger:	Mid-point MCP ulnar:	radial:	Mid Ulnar styloid:
	R / L	Tip of 3 rd finger:	Mid-point MCP ulnar:	radial:	Mid Ulnar styloid:
Hand dominance:		R /L ambidextrous			

DATE												
Weight/Height BMI												
Side			Diff									
MCP (mid-point)												
Ulnar styloid (distal) 0cm												
10cm												
20cm												
30cm												
40cm												
50cm												
60cm												
70cm												
Sum												
% Difference												
Fingers	Thumb 1.											
	2.											
	3.											
	4.											
	5.											
	Measured by											
	Time am/ pm											

Leg Measurement Form

Position of Patient: supine ☐ Variations _____ Name/Label

Board levels:	R / L	MTP med:	lat:	TMT med:	lat:	Mid-point Malleoli med:	lat:
	R / L	MTP med:	lat:	TMT med:	lat:	Mid-point Malleoli med:	lat:
Dominance	R / L						

DATE											
Height/Weight BMI											
Side			Diff								
MTP											
TMT											
10cm											
20cm											
30cm											
40cm											
50cm											
60cm											
70cm											
80 cm											
Sum											
% Difference											
Toes	1.										
	2.										
	3.										
	4.										
	5.										